

Special Olympics Australian National Games Sailing Regatta

19th – 24th April 2010

Adelaide Sailing Club

Adelaide, South Australia

Sailing Instructions

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* and the YA Special Regulations Part 2 of Yachting Australia except when they are in conflict with the Official Special Olympic Rules for Sailing or Article I. In such cases, the Official Special Olympics Sports Rules for Sailing shall apply.
- 1.2 The rules of the International Access Class (except as altered by these sailing instructions) will apply.
- 1.3 Racing rules will be changed as follows: -
 - 1.3.1 Rule 41 'Outside Help' will be altered. These sailing instructions will authorise specific outside assistance;
- 1.4 If there is a conflict between languages the English text will take precedence.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the inside of the northern end of the clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagstaff at the northern end of the clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5 SCHEDULE OF RACES

5.1 Dates of racing:

Date	Division	1 st warning signal	Division	1 st warning signal
Tue 20/4/10	1 and 4	9:55 am	2 and 5	13:55 pm
Wed 21/4/10	2 and 5	9:55 am	1 and 4	13:55 pm
Thu 22/4/10	1 and 4	9:55 am	2 and 5	13:55 pm

5.2 Number of races:

Division	Number	Races per day
Level 1	6	2
Level 2	6	2
Level 4	6	2
Level 5	6	2

5.3 When more than one race (i.e. back-to-back) is to be held in a session, code flag 'L' will be displayed on the finish boat.

5.4 On the last day of the regatta no warning signal will be made after 1600.

6 DIVISION FLAG

6.1 Division flags will be:

Division	Flag
Level 1	Red flag with black Access insignia
Level 2	Green flag with black Access insignia
Level 4	Yellow flag with black Access insignia
Level 5 a	Pink flag with black Access insignia
Level 5 b	White flag with black Hobie H

7 RACING AREA

The race area will be on the waters of the Gulf St Vincent adjacent to Adelaide Sailing Club, Barcoo Road, West Beach.

8 THE COURSES

8.1 The diagrams in Attachment A show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 No later than the warning signal, the race committee boat will display the number of the course to be sailed.

8.3 Boats shall **NOT PASS** between the start and finish line marks, except when they are starting or finishing or in the start sequence.

9 MARKS

9.1 Mark A (windward) will be a red inflatable buoy, mark B (gybe / wing) will be a yellow inflatable buoy, mark C (leeward) will be a pink inflatable buoy.

9.2 The starting and finishing marks will be a buoy/staff displaying an orange flag.

10 THE START

10.1 Races will be started as follows:

Signal	Flag	Sound	Minutes to start
Warning	Division flag displayed	1	5
Preparatory	P flag displayed	1	4
One Minute	P flag removed	1	1
Count Down	Seconds called: 30, 20, 10, 5, 4, 3, 2, 1.	verbal	
Start	Division flag removed	1	0

10.2 The warning signal for each succeeding division shall be made with or after the starting signal of the preceding division. **This changes rule 26.**

10.3 The starting line will be between a staff displaying an orange flag on the race committee boat at the starboard end and the port end starting mark.

10.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

10.5 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. **This changes rule A4.**

11 THE FINISH

The finishing line will be between a staff displaying an orange flag on the race committee boat at the starboard end and the port end finishing mark.

12 CHANGE OF THE NEXT LEG OF THE COURSE

Legs of the course will not be changed after the preparatory signal. **This changes rule 33.**

13 PENALTY SYSTEM.

The penalties are as follows:

For all divisions rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

14 TIME LIMITS

14.1 The time limit for all divisions shall be 50 minutes for each race.

14.2 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. **This changes rules 35, A4 and A5.**

15 PROTESTS AND REQUESTS FOR REDRESS

15.1 The audible call of "PROTEST" is required in accordance with rule 61.1(a), however if a competitor is unable to make such a call because of a disability or similar reason, this requirement can be waived by the Organising or Protest Committee. **This changes rule 61.1(a).**

15.2 Protest forms are available at the club committee room. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

15.3 The protestor (or the protestor's representative) is required to advise the protestee and lodge the protest with the Organising Committee within **1 hour** after the last boat has finished the last race of the session.

15.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the club committee room, beginning at the time posted.

15.5 Notices of protests by the race committee or protest committee will be posted to inform boats as required under rule 61.1 (b).

15.6 Rule 63.3(a) 'Right to be present' will be altered such that a representative at a protest hearing, may not necessarily have been on board at the time of the incident and will be allowed to speak on behalf of the party involved;

15.7 A request for the reopening of a hearing shall be delivered no later than 30 minutes after the party requesting reopening was informed of the decision on the day of the hearing. **This changes rule 66.**

16 SCORING

16.1 Three races are required to be completed to constitute a series.

16.2 A boat's series score will be the total of her race scores. **This changes rule A2.**

17 SAFETY REQUIREMENTS

17.1 Check-Out and Check-In:

17.1.1 For each race or "race session", the skipper of each boat intending to race shall 'check out' with the Pontoon Marshal before leaving the dock. The

guardian, club coach or other official representative may assist in this process.

17.1.2 The skipper shall 'check in' with the Pontoon Marshal on returning to the dock. The guardian, club coach or other official representative may assist in this process.

17.2 Failure to observe the Check-Out or Check-In Safety Requirements may result in the boat being disqualified.

18 REPLACEMENT OF CREW OR EQUIPMENT

18.1 Substitution of competitors will not be allowed without prior written approval of the race committee.

18.2 Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee in writing at the first reasonable opportunity.

19 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and the sailing instructions. On the water, a boat can be instructed by the race committee to proceed immediately to a designated area for inspection.

20 OFFICIAL BOATS

Official boats will be marked with appropriate identification.

21 SUPPORT BOATS

Support boats, not authorised by the race committee to assist, shall stay outside areas where boats are racing from the time of the preparatory signal of the first division to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

22 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

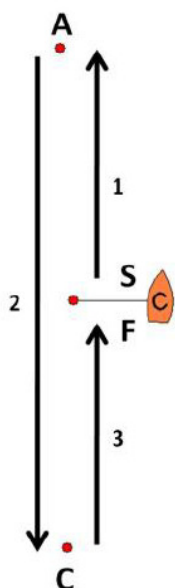
23 PRIZES

Prizes will be presented at 1000 on Friday 23rd April at Adelaide Sailing Club Function Centre.

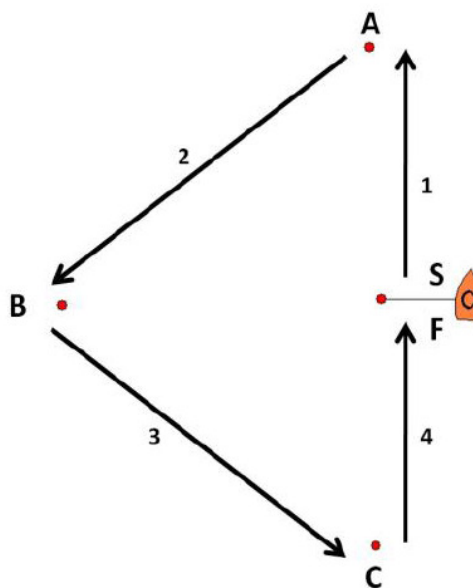
24 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4 - Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

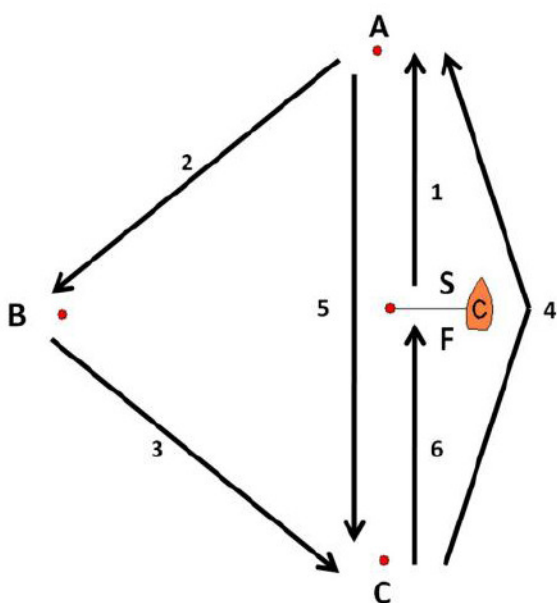
ATTACHMENT 'A'



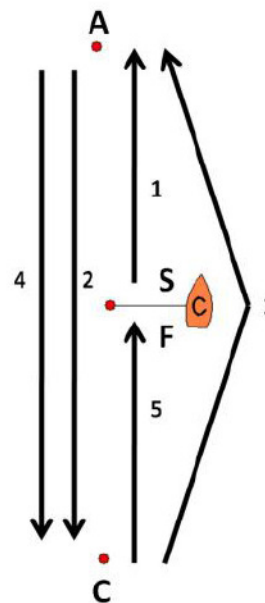
Course 1



Course 2



Course 3



Course 4

All marks shall be left to port

Standard courses

- Course 1 (S) A C (F)
- Course 2 (S) A B C (F)
- Course 3 (S) A B C A C (F)
- Course 4 (S) A C A C (F)

Where: - S = Start, A = Windward mark, B = Gybe mark, C = Leeward mark, F = Finish