



International Optimist Australia Championship 2010

SAILING INSTRUCTIONS for the GREEN FLEET

The Australian International Optimist Dinghy Association Green Fleet Championship is organised by the Adelaide Sailing Club Inc. The shore venue will be the Adelaide Sailing Club Inc, Barcoo Road, West Beach, South Australia 5024; and racing will be in the waters of Holdfast Bay in the Gulf of St Vincent.

1. RULES

The regatta will be governed by:

- 1.1 The rules as defined in The Racing Rules of Sailing.
- 1.2 The prescriptions and Special Regulations of Yachting Australia will apply.
- 1.3 The Rule(s) of the International Optimist Dinghy Class Association will apply.

2. NOTICES TO COMPETITORS

All notices to competitors will be posted on the official notice board located upstairs on the north wall of the club house adjacent the regatta office.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the official flagpole located upstairs on the north west corner of the club house. When a signal is displayed over the green class flag it applies to the green fleet only.
- 4.2 Flag D with one sound means: 'the warning signal will be made not less than 45 minutes after flag D is displayed.' Boats shall not leave their berthing places until this signal is made.

5. SCHEDULE OF RACES

5.1 Race Program

Event	Day	Date	Warning Signal
Practice Races	Wednesday	6 Jan 2010	14:00 hours approx.
Races	Thursday	7 Jan 2010	10:00 hours approx.
Races	Friday	8 Jan 2010	10:00 hours approx.
Races	Saturday	9 Jan 2010	10:00 hours approx.

- 5.2 The warning signal for races 2, 3 & 4 each day will be made as soon as practicable after the last boat has finished the preceding race.
- 5.3 It is intended if possible, that the total number of races to be sailed will be 12 races, with up to 4 races per day.
- 5.4 The scheduled time of the warning signal for the first race each day is 1000 hours, except that on January 6 the warning signal for the practice race will be at 1400hours.

6. CLASS FLAG

The gold Optimist class flag will be the warning signal for races.

7. RACING AREAS

Racing will be conducted outside the marina, directly off the Adelaide SC

8. THE COURSE

- 8.1 The diagrams in Attachment 1 show the courses including the course signals, approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9. MARKS

- 9.1 Marks 1, 2, and 3 will be orange buoys.
- 9.2 The starting and finishing marks will be as described in 11.2 and 13.

10. AREAS THAT ARE OBSTRUCTIONS

Competitors must keep clear of the rock breakwaters when leaving and entering the marina area.

11. THE START

11.1 Races will be started using rule 26.

11.2 The starting line will be between a staff displaying an orange flag on the race committee boat at the starboard end and the port-end starting mark.

11.3 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start. This changes rules A4.

12. CHANGE OF THE NEXT LEG OF THE COURSE

The race committee will not change a leg of the course after the start signal.

13. THE FINISH

The finishing line will be between the finishing mark at the port end and the race committee boat displaying an orange flag or shape.

16. TIME LIMITS

16.1 The time limit for a race will be 60 minutes, with a target time of 30 minutes.

16.2 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored 'Did Not Finish'. This changes rules 35 and A4.

17. PROTESTS AND REQUESTS FOR REDRESS

17.1 If you think you or another boat had broken a rule or if you are unclear about the rules at any time during the race, you must describe the incident to the *advisor* after the race. The *advisor* can be approached after racing in the vicinity of the sign on/off tent. The *advisor* will be a member of the International Jury for the Championship.

18. SCORING

18.1 The Low Point scoring system of Appendix A will apply.

18.2 6 races are required to be completed to constitute a series.

18.3 When 6 races have been completed, a boat's series score will be the total of her race scores.

18.4 When 8 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

18.5 When 10 races have been completed, a boat's series score will be the total of her race scores excluding her worst 2 scores.

19. SAFETY REGULATIONS

19.1 A boat that retires from a race shall notify the Race Committee as soon as possible and shall fill in the relevant form available at the Race Office.

19.2 Competitors are required to sign on prior to leaving shore by placing their tally tag on the board provided adjacent to the race office and sign off by removing their tally tag on returning.

19.3 Competitors who require assistance should blow a whistle or wave the paddle or one arm. The Race Committee reserves the right to assist competitors who, in its opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for seeking redress according to rule 62.1(a).

19.4 Discretionary penalties will apply to RRS 41 'Outside Help'. Actions of the Race Committee in retrieving crews from the water and returning them to their boats may not be penalized

20. REPLACEMENT OF CREW OR EQUIPMENT

21.1 Substitution of competitors will not be allowed.

21.1 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee.

21.1 Requests for substitution shall be made to the committee at the first reasonable opportunity. If damage occurs on the water, equipment may be substituted before the following race.

21. BOATS and EQUIPMENT

21.1 A boat or equipment may be inspected at any time for compliance with the Class Rules, the NoR and the SI.

23. RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. Boats may monitor emergency channels or channels used by the race committee. This restriction also applies to mobile telephones.

24. PRIZES

Prizes will be given as follows:

Green fleet

Green fleet championship – 1st place, Natalie O'Brart trophy

Green fleet 2nd to 10th places

Other prizes may be awarded at the discretion of the organising committee

25. DISCLAIMER OF LIABILITY

25.1 Competitors participate in the championship entirely at their own risk and responsibility. See RRS 4, Decision to Race.

25.3 The Organising Authority and any other party involved in the organization of the Championship will accept no liability whatsoever for any injury, damage, loss or claim, whether personal or material, incurred by or inflicted to participants before, during or after the Championship.

25.4 All competitors and support staff will be required to execute liability waiver.

26. INSURANCE

All boats shall have third party insurance cover of not less than \$AUD 5,000,000 (recommend \$AUD 10,000,000 or the equivalent thereof in any other convertible currency) for any accident. All owners / competitors who sign the entry forms are deemed to have made a declaration that they hold such cover. Owners / competitors not holding this cover shall withdraw their entry. The skipper of each boat must be able to display proof of cover if requested to do so.

ATTACHMENT 1 – COURSE

Course: Start-1-2-3-Finish

Diagram

