



**Adelaide International Regatta 2009
Incorporating SA State Championships for**

Laser	OK Dinghy	
Laser Radial		470
Laser 4.7		420

**Finn Cadet
J24**



**Sailing Instructions
7th March – 9th March 2009**

The organising authority of the 2009 Adelaide International Regatta, is the Adelaide Sailing Club.

1 Rules

1.1 The regatta shall be governed by the 'rules' as defined in the current Racing Rules of Sailing (RRS), the Yachting Australia prescriptions, the rules of the Respective Class Boat Associations, the Notice Of Race, except as changed by these Sailing Instructions, and these Sailing Instructions.

2 Entries

- 2.1 The Regatta is open to all Olympic and International class dinghies, sailboards and catamarans.
- 2.2 All entrants in Class Australian or State Championships must also be entrants in the Adelaide International (AIR) regatta.
- 2.3 All boats and equipment shall comply with Class requirements.
- 2.4 Eligibility for Class South Australian State Championships is specified in the respective Class Sailing Instructions. All entrants in Class State Championships must be entrants in the AIR.

3 Notices to Competitors

3.1 Notices to competitors shall be posted on the official notice board located adjacent to the canteen on the lower level of the Adelaide Sailing Club. Notices may be repeated on the northern window of the upstairs area.

4 Changes to the Sailing Instructions

4.1 Any change to the sailing instructions shall be posted not less than 60 minutes before the warning signal on the day it shall take effect, except that changes to the schedule of races shall be posted before 1800 hours on the day before they shall take effect.

5 Signals made Ashore

- 5.1 Signals made ashore shall be displayed on the flagpole located at the Northern end of the Building, on the upper level.
- 5.2 Flag AP with two sound signals (one when lowered) means 'The race is postponed'. The warning signal shall be made not less than 30 minutes after AP is lowered. This changes RRS signals.

6 Safety

- 6.1 A member of the Race Committee may stop a boat launching or request a boat to return to shore if he or she considers the boat, its equipment, helm or crew not adequate for the likely conditions. Such boats may be scored DNC, DNS or DNF as appropriate.
- 6.2 Each boat shall sign on each race day by signing the sheet provided in the canteen area to indicate their intention to race.
- 6.3 Each boat shall sign off in the canteen area at the completion of racing for the day, prior to the close of protest time.
- 6.4 Attention is drawn to YA Special Regulation R1. Each competitor shall wear securely fastened adequate personal buoyancy at all times whilst afloat.
- 6.5 Penalties for breaches of rule 41 (Outside Help) shall be at the discretion of the Protest Committee. Any outside help shall be reported to the Race Committee on a form available from the race office before the end of protest time of the day concerned. Actions taken purely in the interest of Safety will not be penalized. This changes RRS rule 41.

7 Schedule of Events

7.1 Races are scheduled as follows:

Date	Warning Signal	Event
Sat 7 th March 2009	0800	Registration
	1030	Briefing
Sat 7 th March 2009	1200	Races
Sun 8 th March 2009	1100	Races
Mon 9 th March 2009	1100	Races
Mon 9 th March 2009	Asap after sailing	Presentation

7.2 No warning signal shall be made later than 1600 hrs on 9th March 2009

7.3 In back to back races the orange flag shall be flown for at least 2 minutes prior to commencing a start sequence.

7.4 The class flags will be the insignias of the respective classes as displayed on the Notice Board 1 hour prior to the first race of the day

8 Class Flags

8.1 The class flags will be the insignias of the respective classes as displayed on the Notice Board 1 hour prior to the first race of the day.

9 Racing Area

9.1 Two Course areas will be used, North and South Course. Course allocations may vary from day to day. Classes allocated to each course will be displayed on the notice board at least 60 minutes prior to the first warning signal of the day.

10 The Course and the Marks

10.1 Course diagrams are shown in the course attachment.

10.2 Marks for each course area are displayed on the Course attachment.

10.3 Courses will be designated by course boards displayed with the warning signal for each class. See Individual Class diagrams for course diagrams, located on the official notice board.

11 The Start

11.1 The starting line shall be between a buoy carrying an orange flag at the port end and a staff carrying an orange flag on the Committee Boat at the starboard end.

11.2 Start sequence rule 26 shall be used.

11.3 A boat starting later than 4 minutes after her starting signal shall be scored Did Not Start. This changes Rule A4.1

11.4 The start sequence for the first race of the day shall be displayed on the notice Board 1 hr before the first warning signal.

11.5 The start sequence for subsequent starts may be in a different order from the first start.

12 The Finish

12.1 The finishing line shall be between a yellow / orange mark on the port end and a Race Committee boat at the starboard end.

13 Penalty System

13.1 A boat that has taken a penalty or retired under rule 28, 31.2 or 44.1 shall complete an acknowledgement form at the Notice Board within the protest time limit.

14 Time Limit

14.1 The time limit for the first boat to in each class to complete the course and finish shall be 75 minutes. Boats failing to finish within 20 minutes of the first boat shall be scored Did Not Finish. This changes rules 35 and A4.1.

15 Protests

15.1 Protests shall be lodged on forms available at the Race Office and lodged within 1 hour of the finish time of the last boat in the last race of the day.

15.2 Protests shall be heard as soon as practicable in approximately the order of receipt.

15.3 The protest schedule shall be posted on the official notice board within 30 minutes after the end of protest time. Rule 61.1(b) (protests by the Race Committee or the Protest Committee) is amended so that the listing of a boat on the protest schedule shall constitute informing the boat, and the time limit for these protests is the same as for competitors. It shall be the sole responsibility of competitors to check the official notice board and to attend protest hearings together with witnesses.

15.4 Breaches of instructions 6.2, 6.3, 12.1, and 16.1 shall not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for breaches of these instructions may be less than disqualification if the Protest Committee so decides.

15.5 For the purposes of rule 64.3(b) the 'authority responsible' is the South Australian Class Measurer of the respective Class, or their appointed delegate.

15.6 Measurement protests lodged after the end of the Protest Time limit for the First Race shall be rejected if based on facts known to the protestor before that time.

15.7 On the last day of the Regatta a request for reopening of a hearing shall be delivered

a) within the protest time limit if the party requesting the reopening was informed of the decision on the previous day;

b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes rule 66.

16 Scoring

16.1 The Low Point scoring system in Appendix A shall apply.

16.2 Eight races are scheduled of which three races shall be completed to constitute a Series.

16.3 When fewer than 5 races are sailed, a boat's series score will be the total of all her race scores. If five, six, seven or eight races are sailed a boat's series score will be the total of her race scores excluding her worst score

16.4 Points will be allocated to a helm, boat combination.

16.5 Class State Championship NOR or SI's may vary this rule for State Championship scoring.

17 Replacement of Crew or equipment.

17.1 Substitution of crew will not be allowed without written approval of the Race Committee.

18 Support Boats

18.1 All coach or support boats are required to register at the Race Office before the commencement of the Regatta and shall fly a National or Pink Flag throughout the Championship.

18.2 Coaches must comply with the Adelaide Sailing Club Coaching policy

19 Radio Communication

19.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

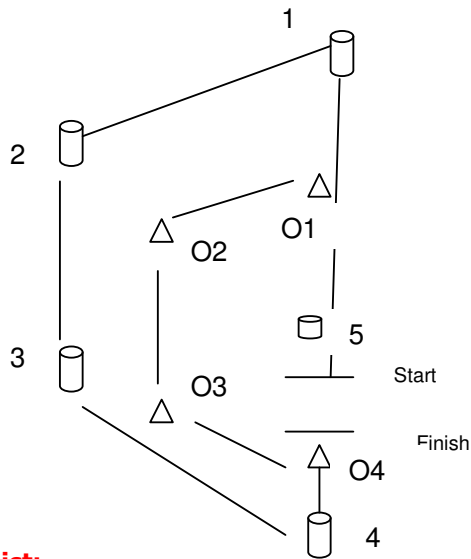
20 Prizes

20.1 Prizes will be awarded for the Regatta as outlined in Notice Of Race. Other prizes may be awarded as the organising authority sees fit.

21 Disclaimer of Liability

21.1 Competitors participate entirely at their own risk. See Rule 4, 'Decision to Race'. The organising authority, or it's servants will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Course Attachment A -- Course Area 1



Optimist:

Course 1: 1 outer lap Start, 1, 2, 3, 2, 3, 4, Finish

Course 2 2 outer laps Start, 1, 2, 3, 2, 3, 2, 3, 4, Finish

Cadet, Laser 4.7

Course 1: 1 inner lap Start, 1, 5, 1, 2, 3, 4, Finish

Course 2 2 inner laps Start, 1, 5, 1, 5, 1, 2, 3, 4, Finish

Laser, Laser Radial OK

Course 1: 1 outer lap Start, 1, 2, 3, 2, 3, 4, Finish

Course 2 2 outer laps Start, 1, 2, 3, 2, 3, 2, 3, 4, Finish

Marks:

Optimist Marks O1, O4 PINK flags on staffs

O2, O3 Green / yellow flags on staffs

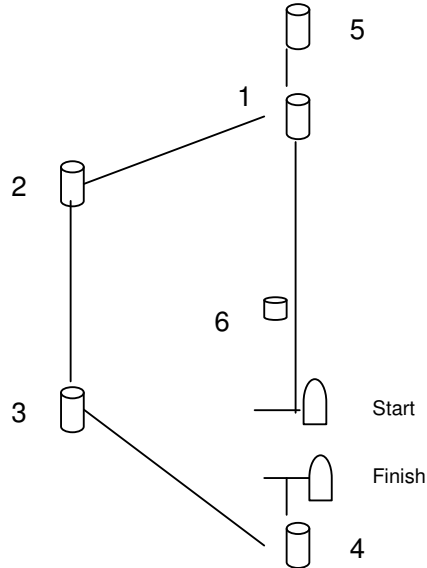
Cadet / Laser (all types) / OK

Marks 1, 2, 3, 4 Yellow Inflatable marks

Start -- Orange flag on staff

Finish -- Yellow / Orange inflatable stick mark

Course Attachment B -- Course Area 2



J24, Moth, Flying Fifteen, Canoe, Fireball

Course 1: 1 inner lap Start, 5, 6, 5, 4 Finish

Course 2 2 inner laps Start, 5, 6, 5, 6, 5, 4, Finish

Finn, 420, 470

Course 1: 1 outer lap Start, 1, 2, 3, 2, 3, 4, Finish

Course 2 2 outer laps Start, 1, 2, 3, 2, 3, 2, 3, 4, Finish

Marks:

1, 2, 3, 4, Red Inflatable Marks

5, 6, Orange Inflatable marks

Start -- Orange flag on staff

Finish -- Yellow / Orange inflatable stick mark